Survey on retention of learning content (optional)

**Introduction for participants:**

Thank you for taking the time to help us improve our training programme.

This short follow-up questionnaire will help us understand what knowledge, reflections, and practical skills have remained with you x months after the training, and whether you have had opportunities to apply them in your work. Your answers will be anonymous.

**Please take 10 minutes** to improve the quality of the training! Thank you very much for your support!

**1. Personal Code**

Please create an **anonymous personal code** that allows us to match your responses across different stages without revealing your identity.

***Note for trainers:*** *The personal code should be based on characteristics that are not identifiable by your organization/others you share the data with, but remain constant (e.g., 3rd letter in your mother’s first name + month of birth + last digit of your postal code etc. + 1rst letter in the name of your favourite colour etc.). Adapt this example to fit local legal and cultural requirements. Ensure it does not leave several options for answers.*

**2. Demographic Information**

***Note for trainers:*** *Choose demographic questions to meet local data protection requirements and to collect only information essential for analysis. You find examples in the* [*questionnaire that is suggested to be used directly after the training*](https://training.improdova.eu/wp-content/uploads/2025/08/Evaluation.docx)*.*

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| **1. Opportunity to use my new skills and knowledge**on Domestic Violence |
| * 1. Since the training, I have had opportunities to apply what I learned in my work

(***Note for trainers****: Create the questionnaire in a way that, if the answer is “no”, Section 2 is skipped and the respondent is directed to Section 3).* |
| [ ]  yes | [ ]  no |
| **2. Transfer to Practice** *[only for those who answered “yes” to Question 1.1]* |
| 2.1 I have applied the knowledge and skills from the training in my professional role. |
| [ ]  strongly agree | [ ]  agree | [ ]  neutral | [ ]  disagree | [ ]  strongly disagree |
| 2.2 I have used the training content to improve my ability to help victims of domestic violence. |
| [ ]  strongly agree | [ ]  agree | [x]  neutral | [ ]  disagree | [ ]  strongly disagree |
| 2.3 I have continued to reflect on my own views and possible prejudices regarding domestic violence |
| [ ]  strongly agree | [ ]  agree | [x]  neutral | [ ]  disagree | [ ]  strongly disagree |
| 2.4 The training content has influenced how I approach challenges in my work. |
| [ ]  strongly agree | [ ]  agree | [x]  neutral | [ ]  disagree | [ ]  strongly disagree |
| 2.5 The training content that has been most useful in my work is |
|  |
| 2.6 The biggest obstacle to applying what I learned has been: |
|  |
| **3. Retention of learning** |
| 3.1 The most important insight or concept I still remember from the training is: |
|  |
| 3.2 Since the training, my awareness of the phenomenon of domestic violence is: |
| [ ]  higher | [ ]  about the same | [ ]  lower |
| 3.3 Since the training, my ability to support victims of domestic violence is: |
| [ ]  higher | [ ]  about the same | [ ]  lower |
| 3.4 I have new questions or topics that I would like to explore further: |
|  |
| 3.5 My overall view of the training, now that some time has passed, is |
| [ ]  very good | [ ]  good | [ ]  neutral | [ ]  bad | [ ]  very bad |
| 3.6 Additional comments |
|  |

**Thank you for your contribution!**
We look forward to working with you in the training.

If you have any questions, please contact: